

## What's Happening Summer Newsletter

### Hello everyone

Welcome to the Summer edition of our newsletter keeping you in touch with all our latest news, events and developments.

With Summer fast approaching we have some fantastic events coming up and we would value your support, we have something for everyone.

### Forthcoming events

**If you are up for some exercise then we on Sunday 11<sup>th</sup> June we are participating in two exciting events so however you like your exercise we have the solution for you!!**

#### [The Wirral Coastal Walk](#)



Registration from 8.30am -10.30am.  
You can register on the day for £6, Children under 10 £1 if you register on-line before 10<sup>th</sup> June adults are only £5.

From The Floral Pavilion, New Brighton to Wirral Country Park, Thurstaston

12.5 miles with interim exits at 4 and 8

**We will also be taking part in –**  
[The 11th Annual Wirral Kayak Challenge](#) - The event starts from Harrison Drive beach, near the Derby Pool pub, leaving around 9am,

heading into the Irish Sea towards Hilbre Island.

**We are one of their chosen charities this year.**



***This year our Chairman Allan Brookes is taking part, so all the very best Allan.***

*Something racey without the exercise?*

### Come to our Race Night

Friday 23<sup>rd</sup> June  
The Willows Pub,  
Saughall Massie  
Road, Upton,  
Wirral,

Free entry

First race starts at 7.30pm

Hot food available

***Have fun and win some money***



### Come to our Summer Fayre –

12-4pm, Saturday 8<sup>th</sup> July 2023

at 6 Ashburton Road, Claughton, Wirral  
*Tombola, Bric-a-Brac, Crafts, Toys*

*Books, Jewellery*

*Cakes and*

*Refreshments*

Come along for a

few hours or

even a few

minutes,

**everyone**



**welcome and free entry**

For more details on any of these events contact – Rick Myers

Mob – 07948749536,

Email - [rick@holisticcancercentre.co.uk](mailto:rick@holisticcancercentre.co.uk)

## Latest News

We have been fortunate to receive a grant of £5,965 from Sport England for our

## Yoga in the Park

We have a waiting list for Yoga so this will allow us to help more and more people.

It will be based in Mariners Park in Wallasey which has a care home providing both residential and nursing care, including short stay respite care.

We are really keen to be involved in the Park's community as well as the wider area and have extremely good relations with Mariner's Park residents and staff. Mariner's Park is easily accessible on public transport and is an ideal location.



### Open Support Services

We are open on Tuesdays for a Drop-In Service

With Healing Sessions, Therapies and Counselling by Appointment  
For further details contact

6 Ashburton Road, Claughton, Wirral  
CH43 8TW

T: 0151 652 9313

E: [info@holisticcancercentre.org.uk](mailto:info@holisticcancercentre.org.uk)

## Coronation Afternoon Tea

On Wednesday 10<sup>th</sup> May at Christchurch Hall, Moreton we celebrated the Coronation of King Charles III compared by Pauline Daniels and with High Tea and the fantastic voice of Cherry Bomb and **raised £1,280.00.**



**Why not join our 100 Club? In-House Lottery**  
**Only £12 a year**  
**Drawn every 3 months**  
**1<sup>st</sup> prize £100, 2<sup>nd</sup> Prize £25**  
**contact Reception at Ashburton House for more details**

***We are immensely grateful for every gift we receive, but we often need more to support more and more patients***

## THE CAVERN CELEBRATES 1963

We had a great night of sixties nostalgia at the famous Cavern Club on 13th April celebrating exactly 60 years since our much loved patron Gerry Marsden first hit number one with his Pacemakers. For the rest of the decade Mersey Beat dominated the charts.

**£3,098.33 was raised on the night**

## Contact

If you would like to learn more about us, volunteer, help with a fundraising event then please contact us.

Get in touch to find out more, or visit between 10am and 4pm weekdays



**The Holistic Cancer Centre**

*"a safe place in a difficult time"* (Est. 1988)

6 Ashburton Road, Claughton, Wirral  
CH43 8TW

T: 0151 652 9313

E: [info@holisticcancercentre.org.uk](mailto:info@holisticcancercentre.org.uk)

Website - [www.holisticcancercentre.org.uk](http://www.holisticcancercentre.org.uk)